

4 WEEK PRE-PROFESSIONAL BALLET INTENSIVE

SESSION 3

JULY 14, 2025 - AUGUST 8, 2025 BY AUDITION ONLY



For Ages 7-18, Acceptance by Audition Only

OVERVIEW

Under the guidance of expert instructors, students will engage in daily classes emphasizing classical technique, pointe work, variations, partnering, and conditioning. Whether preparing for auditions or advancing toward a professional career, this transformative program will equip students with the tools to take their artistry to the next level. The world-class stage awaits.



NATALIA BASHKATOVA - Session 2 -
YAGP Asst. Artistic Dir, Bolshoi Principal
Dancer, Bolshoi Academy Graduate



SEBASTIAN VINET - Session 3 Week 1 ;
YAGP Judge/Master Teacher, San
Francisco Ballet



ROSSANA NESTA - Session 3 Week 2 ;
YAGP Outstanding Teacher, Balletto di
Roma, Dir, of Ballet Academy of Chapel
Hill



CONNIE MATHOT - Session 3 Week 3 ;
Founder/Director of California Dance
Classics



CANDICE ADEA - Session 3 Week 4 ;
Gold Medalist, Helsinki/IBC, Silver
Medalist USA/IBC, Principal Dancer,
Western Australian Ballet and Ballet
Philippines

SUMMARY

Date	July 14, 2025 - August 8, 2025
-------------	--------------------------------

Registration Fee & Tuition

Junior Pre-Pro A & B Level:

Registration for New Students: \$150.00

Tuition Deposit for Current Students: \$150.00 per session

Tuition: \$1,600.00 for 3-4 hours of classes

Tuition for 1 Week: \$500.00

Senior Pre-Pro Level

Registration for New Students: \$150.00

Tuition Deposit for Current Students: \$150.00 per session

Tuition for 4 Weeks: \$1,800.00 for 3-4 hours of instruction

Tuition for 1 Week: \$550.00

Junior Pre-Pro Level Sample Schedule

Junior PrePro A Sample Schedule: **Subject to change as needed*

- 9:00-9:30 - Pre-Barre Conditioning
- 9:30-10:45 - Ballet Technique
- 10:45-11:00 - Break
- 11:00-11:45 - M/W/F Variations; T/TH Pre-Pointe/Beg. Pointe
- 11:45-12:15 - Lunch Break
- 12:15 - 1:15 - M/W Flexibility/Strength Conditioning; T/TH Jazz (Jr Prepro A & B)
- 1:15-2:15 - M/W Contemporary; T/TH Culminating Rehearsal FRI Repertory (Jr. Prepro A & B)

Junior PrePro B Sample Schedule: **Subject to change as needed*

- 9:00-9:30 - Pre-Barre Conditioning
- 9:30-10:45 - Ballet Technique
- 10:45-11:00 - Break
- 11:00-11:30 - Variations
- 11:30-12:15 - Lunch Break
- 12:15 - 1:15 - M/W Flexibility/Strength Conditioning; T/TH Jazz (Jr Prepro A & B)
- 1:15-2:15 - M/W Contemporary; T/TH Culminating Rehearsal FRI Repertory (Jr. Prepro A & B)

<p>Senior Pre-Pro Level Sample Schedule</p>	<p><u>Senior PrePro Sample Schedule: <i>*Subject to change as needed</i></u></p> <ul style="list-style-type: none"> ○ 12:30 - 2:30 - Ballet Technique ○ 2:45 - 3:30 - M/W Pointe; ○ 3:30 - 4:15 - M/W Variation ○ 2:30 - 4:30 - T/TH Solo Variation Feedback; FRI on Flexibility/Strength and Conditioning (1hr) ○ 4:30 - 4:45 - Break ○ 4:45 - 6:30 - M/W Jazz; T/TH Contemporary; FRI Student Choreography
<p>Guest Ballet Masters</p>	<p>NATALIA BASHKATOVA - Session 2 - YAGP Asst. Artistic Dir, Bolshoi Principal Dancer, Bolshoi Academy Graduate</p> <p>SEBASTIAN VINET - Session 3 Week 1 ; YAGP Judge/Master Teacher, San Francisco Ballet</p> <p>ROSSANA NESTA - Session 3 Week 2 ; YAGP OutstandingTeacher, Balleto di Roma, Dir, of Ballet Academy of Chapel Hill</p> <p>CONNY MATHOT - Session 3 Week 3 ; Founder/Director of California Dance Classics</p> <p>CANDICE ADEA - Session 3 Week 4 ; Gold Medalist, Helsinki/IBC, Silver Medalist USA/IBC, Principal Dancer, Western Australian Ballet and Ballet Philippines</p>

WSPA Faculty

[TINA FARGAS](#) - YAGP Outstanding Teacher; former Ballet Philippines Soloist; Head of Jr. PreProfessional Ballet Division

[PHILLIP SICAT](#) - Sacramento Ballet Artist, former Ballet Philippines Soloist, Les Ballet Grandiva/Ballet Eloelle, Ballet 22

[EUGENE OBILLE](#) - Sacramento Ballet Artist, former Ballet Philippines Soloist, Les Ballet Grandiva/Ballet Eloelle

[KIRA FARGAS](#) - WSPA Alumna, University of Arizona BFA in Dance, New Dialect company member, YAGP Outstanding Choreographer, Head of Pre-Professional Contemporary Dance

[HADASSAH PERRY](#) - FSPA Alumna, KCDC Dance Journey Program (Israel), New Dialect company member, Head of Pre-Professional Contemporary Dance

[ALEXIS PINEDA](#) - WSPA alumna, UCI BFA in Dance, Head of Jazz and Modern/Contemporary Dance

RELEVANT RESOURCES

WSPA NO REFUND POLICY

TUITION IS NON REFUNDABLE AFTER A STUDENT IS REGISTERED FOR THE PROGRAM. TUITION CANNOT BE PRORATED PER DAY.

WITHDRAWAL DUE TO INJURY: If a student chooses to attend the program with an established injury or illness, it is important that they notify WSPA of their condition. If the student's condition later requires them to withdraw, WSPA must receive a physician's note as official documentation of illness or injury. If a doctor recommends a withdrawal from the program, the student will be given a \$250 refund. Students withdrawing for other reasons are not eligible for a refund. Refunds will be processed in September 2024.

DISMISSAL DUE TO MISCONDUCT: WSPA reserves the right to suspend or dismiss any student whose conduct, attitude, or attendance is found to be unsatisfactory and unsafe to other students. If a student is dismissed for reasons of unacceptable conduct, there is NO REFUND on tuition.

NOTIFICATION: To notify WSPA of a student's illness or injury, please contact the WSPA Office at 650-757-1244 or contact@wspadance.com immediately to discuss the situation.

DRESS CODE

Note: Students may be asked to purchase a practice tutu, short skirt, colored shirt for the culmination performance.

1. Elite and Senior Pre-Professional Uniform

Current Black leotard on Mon-Thurs and any-style & color leotard on Fridays; pink convertible Tights; pink shoes; short black colored skirt (optional); pink pointe shoes.

Note: For contemporary and jazz classes, students can wear shorts, pants, and leotard tops.

2. Advanced Uniform

Current Dark Blue, Navy Blue, or Royal Blue Leotard on Mondays to Thursdays and any-style & color leotard on Fridays.

Tights, Shoes, Skirts: pink convertible tights; pink shoes; black colored skirt; pink pointe shoes.

Contemporary and Jazz classes: shorts, leggings, and sweats (optional)

3. Junior Pre-Professional Uniform

Current Blue Leotard on Mondays to Thursdays and any-style & color leotard on Fridays

Tights, Shoes, Skirts: pink convertible tights; pink shoes; black colored skirt; pink pointe shoes.

Contemporary and Jazz classes: shorts, leggings, and sweats (optional)

4. Junior Uniform

Current Light Blue or Baby Blue leotard Monday to Friday; pink convertible tights; light blue or baby blue short skirt; pink shoes; pink pointe shoes.

Note: For jazz and contemporary classes, students can wear black capri pants or shorts over their pink tights.

5. Boys Ballet Uniform

White t-shirt, black tights, white socks, white ballet shoes, dance belt.

GET IN TOUCH



Address

200 Northgate Ave #4, Daly City, CA 94015

Contact

Phone: (650)757-1244

Email: contact@wspadance.com

Website: www.wspadance.com