

4 WEEK PERFORMANCE DANCE INTENSIVE

SESSION 3
JULY 14, 2025 - AUGUST 8, 2025



OVERVIEW

Our carefully curated classes and with guidance from resident master teachers and visiting guest artists who are experts in Cecchetti, Vaganova, and the Royal Academy of Dance styles—each offering a unique path to grace, strength, and precision.

Students will dedicate at least 3 to 4 hours daily to dance, tailored to their skill level. Those who attend Session 2, a full 4-week program, will have the exciting opportunity to showcase their growth and artistry in a final performance.

To ensure every dancer thrives, we group participants by age and ability, fostering a nurturing and supportive environment that allows for personal and collective growth. It is truly a transformative journey where creativity, dedication, and self-discovery come together in a celebration of dance!



NATALIA BASHKATOVA - Session 2 -
YAGP Asst. Artistic Dir, Bolshoi Principal
Dancer, Bolshoi Academy Graduate



SEBASTIAN VINET - Session 3 Week 1 ;
YAGP Judge/Master Teacher, San
Francisco Ballet



ROSSANA NESTA - Session 3 Week 2 ;
YAGP Outstanding Teacher, Balletto di
Roma, Dir, of Ballet Academy of Chapel
Hill



CONNIE MATHOT - Session 3 Week 3 ;
Founder/Director of California Dance
Classics



CANDICE ADEA - Session 3 Week 4 ;
Gold Medalist, Helsinki/IBC, Silver
Medalist USA/IBC, Principal Dancer,
Western Australian Ballet and Ballet
Philippines

SUMMARY

Date	July 14, 2025 - August 8, 2025
Curriculum	Ballet Technique, Flexibility and Body Conditioning, Contemporary, Jazz, Creative Dance, Student Choreography, Improvisation, and Repertory

<p>Placement & Levels</p>	<p>Performance Dance Intensive Level Placement is by age and ability per teacher's recommendation</p> <p>Junior A (Age 5-6) Students born on or before June 30, 2020</p> <p>Junior B (Age 7-8) Students born on or before June 30, 2018</p> <p>Junior C (Age 9-10) Students born on or before June 30 2016</p> <p>Advanced & Elite (Age 11-18)</p> <p><i>Levels will be combined when a minimum of 10 students is not met</i></p>
<p>Registration Fee & Tuition</p>	<p>Junior Intensive Registration for New Students: \$75.00</p> <p>Junior Intensive Tuition Deposit for Current Students: \$150.00 per session</p> <p>Junior Intensive Tuition: \$1,600.00; \$450.00 for one week (no prorating per day allowed)</p> <p>Advanced & Elite Registration for New Students: \$100.00</p> <p>Advanced & Elite Tuition Deposit for Current Students: \$150.00 per session</p> <p>Advanced & Elite Tuition: \$1,600.00; \$450.00 for one week (no prorating per day allowed)</p>
<p>Sample Schedules</p>	<p><u>Sample Schedule of Junior Intensive: (4 hours of instruction a day.)</u></p> <p>Daily - Ballet (1.25 hours), Pre-Pointe for Level C</p> <p>Daily - Body conditioning and Floor Barre (1hr)</p> <p>2xWeek - Jazz (1 hr)</p> <p>2xWeek - Tahitian (1hr)</p> <p>2xWeek - Modern/Contemporary/Improvisation (1hr)</p> <p>1xWeek - Rehearsal for Culminating Performance (1 hr)</p> <p>1xWeek - Nutcracker Repertoire (1hr)</p> <p><u>Sample Schedule of Advanced/Elite Intensive: (4-5 hours of instruction a day.)</u></p> <p>Daily - Ballet (1.5 hrs)</p> <p>2xWeek - Pointe (1 hr) / Stretch and Condition (1 hr)</p> <p>2xWeek - Contemporary/Improvisation (1.5 hrs)</p> <p>2xWeek - Jazz (1.5 hrs)</p> <p>2xWeek - Student Choreography</p> <p>1xWeek - Culmination Rehearsals (1.5 hrs)</p> <p>1xWeek - Nutcracker Repertoire (1hr)</p>

<p>Guest Ballet Masters</p>	<p>NATALIA BASHKATOVA - Session 2 - YAGP Asst. Artistic Dir, Bolshoi Principal Dancer, Bolshoi Academy Graduate</p> <p>SEBASTIAN VINET - Session 3 Week 1 ; YAGP Judge/Master Teacher, San Francisco Ballet</p> <p>ROSSANA NESTA - Session 3 Week 2 ; YAGP OutstandingTeacher, Balleto di Roma, Dir, of Ballet Academy of Chapel Hill</p> <p>CONNY MATHOT - Session 3 Week 3 ; Founder/Director of California Dance Classics</p> <p>CANDICE ADEA - Session 3 Week 4 ; Gold Medalist, Helsinki/IBC, Silver Medalist USA/IBC, Principal Dancer, Western Australian Ballet and Ballet Philippines</p>
<p>WSPA Faculty</p>	<p><u>TINA FARGAS</u> - YAGP Outstanding Teacher; former Ballet Philippines Soloist; Head of Jr. PreProfessional Ballet Division</p> <p><u>PHILLIP SICAT</u> - Sacramento Ballet Artist, former Ballet Philippines Soloist, Les Ballet Grandiva/Ballet Eloelle, Ballet 22</p> <p><u>EUGENE OBILLE</u> - Sacramento Ballet Artist, former Ballet Philippines Soloist, Les Ballet Grandiva/Ballet Eloelle</p> <p><u>KIRA FARGAS</u> - WSPA Alumna, University of Arizona BFA in Dance, New Dialect company member, YAGP Outstanding Choreographer, Head of Pre-Professional Contemporary Dance</p> <p><u>HADASSAH PERRY</u> - FSPA Alumna, KCDC Dance Journey Program (Israel), New Dialect company member, Head of Pre-Professional Contemporary Dance</p> <p><u>ALEXIS PINEDA</u> - WSPA alumna, UCI BFA in Dance, Head of Jazz and Modern/Contemporary Dance</p>

RELEVANT RESOURCES

WSPA NO REFUND POLICY

TUITION IS NON REFUNDABLE AFTER A STUDENT IS REGISTERED FOR THE PROGRAM. TUITION CANNOT BE PRORATED PER DAY.

WITHDRAWAL DUE TO INJURY: If a student chooses to attend the program with an established injury or illness, it is important that they notify WSPA of their condition. If the student's condition later requires them to withdraw, WSPA must receive a physician's note as official documentation of illness or injury. If a doctor recommends a withdrawal from the program, the student will be given a \$250 refund. Students withdrawing for other reasons are not eligible for a refund. Refunds will be processed in September 2024.

DISMISSAL DUE TO MISCONDUCT: WSPA reserves the right to suspend or dismiss any student whose conduct, attitude, or attendance is found to be unsatisfactory and unsafe to other students. If a student is dismissed for reasons of unacceptable conduct, there is NO REFUND on tuition.

NOTIFICATION: To notify WSPA of a student's illness or injury, please contact the WSPA Office at 650-757-1244 or contact@wspadance.com immediately to discuss the situation.

DRESS CODE

Note: Students may be asked to purchase a practice tutu, short skirt, colored shirt for the culmination performance.

1. Elite and Senior Pre-Professional Uniform

Black leotard on Mon-Thurs and any-style & color leotard on Fridays; pink convertible tights; pink shoes; short black colored skirt (optional); pink pointe shoes.

Note: For contemporary and jazz classes, students can wear shorts, pants, and tops.

2. Advanced Uniform

Advanced leotard: Dark Blue, Navy Blue, or Royal Blue on Mon-Thurs and any-style & color leotard on Fridays.

3. Junior Pre-Professional Uniform

Junior Pre-Pro leotard: Blue on Mon-Thurs and any-style & color leotard on Fridays

Tights, Shoes, Skirts: pink convertible tights; pink shoes; black colored skirt; pink pointe shoes.

Contemporary and Jazz classes: shorts, leggings, and sweats (optional)

4. Junior A & B & C Uniform

Light Blue or Baby Blue leotard Monday to Friday; pink convertible tights; light blue or baby blue short skirt; pink shoes; pink pointe shoes.

Note: For jazz and contemporary classes, students can wear black capri pants or shorts over their pink tights.

5. Boys Ballet Uniform

White t-shirt, black tights, white socks, white ballet shoes, dance belt.

GET IN TOUCH



Address

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Contact

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Website: www.wspadance.com